

SAUNDERS' MALT EXTRACT



Preparation

5
MINS

Makes

1

Difficulty

EASY

MALTED BANANA MILKSHAKE

Banana milkshakes are not just for the kids!

INGREDIENTS

- 2 tablespoons Saunders' Malt Extract
- 1 cup (250ml) milk
- 1 large banana, peeled, chopped
- 1 scoop vanilla ice cream (optional)
- Ground nutmeg or cinnamon, to serve (optional)

METHOD

- 1 Blend 1 tablespoon of the Saunders' Malt Extract, milk, banana and ice cream, if using, until frothy.
- 2 Drizzle the remaining tablespoon of Saunders' Malt Extract around the inside of a chilled glass and pour in the milkshake. Sprinkle with nutmeg or cinnamon and serve immediately.

Variations:

Chocolate

Add chocolate ice cream or a tablespoon of chocolate topping and sprinkle with grated chocolate.

Choc Bar Topping

Top with crushed caramel malt chocolate balls or chocolate honeycomb.

Chocolate Biscuit Surprise

Add one of your favourite chocolate cream-filled or chocolate coated biscuits to the blender for an extra flavour explosion.

Vanilla

Add 1/2 a teaspoon of vanilla extract.

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